



2015 OCTOBER CALENDAR

NORTH REGION COASTAL DISTRICT





Park Interpreter: Matthew Nash

Park Phone Number: 781-485-2804 ext. 105

All programs are free and open to the public.

Reasonable accommodations available upon request. For more information please call the park.

All children must be accompanied by an adult

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Coastal Awareness Programs Tues, Weds, Thurs, & Fri, by appointment				
4 Belle Isle Marsh Fall Festival 1:00 pm to 3:00 pm	5	6	7 Coastal Awareness Programs Weds, Thurs, & Fri by appointment	8 	9 Birding Safari-Belle Isle Marsh 9:00 a.m. (Stay as long as you want 1 to 2.5 hours)	10
11	12	13 Coastal Awareness Programs Tues, Weds, Thurs, & Fri, by appointment	14	15 Oceanside Campfire - Constitution Beach, East Boston 5:30 pm- 7:30 pm	16 	17 Secrets of the Salt Marsh Safari-Belle Isle Marsh 9:00 am-10:30 am
18 \	19	20	21	22	23	24
25	26	27 Coastal Awareness Programs Tues, Weds, Thurs, & Fri, by appointment	28 	29	30	31 Be a Friend of Sea Turtles, Beach cleanup-Revere Beach 10:00 am -12:00 pm

Program Descriptions

Coastal Awareness
Programs Tues, Weds,
Thurs, & Fri, by
appointment

For Schools and other Groups:

Programs are free of charge and are designed for groups of 27 or less. Offered *by appointment*. Unless noted meet at your choice of DCR Coastal Reservation: Revere Beach, Winthrop Shores, Belle Isle Marsh, Constitution Beach, Nahant Beach or Lynn Shores. Many of these locations are accessible by public transportation, the MBTA (www.MBTA.com). **For more info or to register**, contact DCR Visitor Services Supervisor, Matthew Nash at Matthew.Nash@state.ma.us, or **781-485-2804, Ext. 105**. For program updates visit: www.mass.gov/dcr

Shore Bird Discovery (1hr in length)

Suitable for grades K-12 and adults

Guests will learn about some of the birds that visit our beaches and what the DCR is doing to protect rare shorebirds.

Beach Discovery (1hr in length)

Suitable for grades K-5.

Children will explore signs of life along the beach and learn ways to help keep the area beautiful and safe for wildlife and people. Does not meet at Belle Isle Marsh in East Boston.

Keeping the Coast Clean-COASTSWEEP (Your choice of duration-2 hr to 4 hours in length)

Suitable for grades 4 -12 and adults

Guests can help clean up the beach safely, using litter grabbers, and will learn how they are helping to save marine animals that die after accidentally eating litter or becoming entangled in it. This program can be used for Community Service Credit. Coastsweep is the annual statewide coastal cleanup in Massachusetts and is sponsored by the [Massachusetts Office of Coastal Zone Management](#) (CZM), The Ocean Conservancy and the Massachusetts Department of Conservation and Recreation. Materials will be provided.

Be a Friend of Sea Turtles (3 hrs in length)

Suitable for grades 4-12 and adults

Be a Friend of Sea Turtles. Keep the land and sea litter free and create a litter sculpture and a song about me, whatever you can do us sea turtles need volunteers like you. Visitors can help marine animals by safely cleaning up the beach using litter grabbers with the option of creating a sea turtle litter sculpture and song. Completed turtle sculptures can be entered into a litter sculpture competition and finalists will be displayed and voted on at the Revere Beach National Sand Sculpting Festival in July. This program can be used for Community Service Credit.

Belle Isle Marsh Fall Festival Sunday, October 4th 1:00 pm to 3:00 pm	Bring your family to the park to enjoy an afternoon of fun activities and games, some of which will teach children to be better stewards of the earth. Meet at: Belle Isle Marsh Reservation parking lot, off Bennington St, East Boston. Accessible by Public Transportation: MBTA Blue line, Suffolk Downs Station. Co-sponsored by the Friends of Belle Isle Marsh and The East Boston Foundation. Appropriate for adults and children accompanied by an adult.
Birding Safari-Belle Isle Marsh Friday, Oct. 9th 9 a.m. (Stay as long as you want 1 to 2.5 hours)	Come explore the Belle Isle Marsh and observe the beautiful birds that it contains. Please bring binoculars if you have them. Stay as long as you want (1 to 2.5 hours). Reasonable accommodations available upon request. For more information, contact Matthew Nash at Matthew.Nash@state.ma.us , or 781-485-2804, ext. 105. Meet at: Belle Isle Marsh Reservation, Main Parking lot near the bulletin board, Bennington Street, East Boston. Accessible by Public Transportation: MBTA Blue line, Suffolk Downs Station. Wear a hat, sunscreen and insect repellent following the instructions on the labels. Designed for adults but all ages are welcome. Co-sponsored by the Friends of Belle Isle Marsh.
Oceanside Campfire - Constitution Beach, East Boston Thursday, October 15 5:30 pm- 7:30 pm	Views of Boston Harbor and Logan Airport can be enjoyed while toasting marshmallows and dancing with neighbors to music provided by a DJ. Meet at: Constitution Beach, Zero Barnes Avenue, East Boston. Accessible by Public Transportation: MBTA Blue line, Orient Heights Station. For more information email enzo.polcaro@state.ma.us Appropriate for adults and children accompanied by an adult. Co-sponsored by the East Boston YMCA and Save the Harbor Save the Bay.
Secrets of the Salt Marsh Safari-Belle Isle Marsh Saturday, October 17th 9:00 am-10:30 am	We'll enjoy a safari on the salt marsh discovering a myriad of plants and animals. Please bring binoculars and boots if you have them. Some boots will be provided. For more information, contact Matthew Nash at Matthew.Nash@state.ma.us , or 781-485-2804, ext. 105 Meet at: Belle Isle Marsh Reservation, Main Parking lot near the bulletin board, Bennington Street, East Boston. Accessible by Public Transportation: MBTA Blue line, Suffolk Downs Station. Wear a hat, sunscreen and insect repellent following the instructions on the labels. Designed for adults and accompanied children ages 8 and older but all ages are welcome. (Not suitable for strollers). Co-sponsored by the Friends of Belle Isle marsh.
Be a Friend of Sea Turtles-Beach cleanup-Revere Beach Saturday, Oct. 31st (Last Saturday of the Month) 10:00 am- 12:00 pm	Be a Friend of Sea Turtles. Keep the land and sea litter free and create a litter sculpture and a song about me, whatever you can do us sea turtles need volunteers like you. Adults and children can help marine animals by cleaning up the beach safely using litter grabbers with the option of creating a sea turtle litter sculpture and song. Completed turtle sculptures can be entered into a litter sculpture competition and finalists will be displayed and voted on at the Revere Beach National Sand Sculpting Festival in July. For more information, contact Matthew Nash at Matthew.Nash@state.ma.us , or 781-485-2804, ext. 105 Meet at: the Bandstand Pavillions on Revere Beach Boulevard, across from 300 Ocean Avenue in Revere and the MBTA Blue line Revere Beach Station. Appropriate for adults and children accompanied by an adult.